

PSYCHEDEMIA



THE OHIO STATE UNIVERSITY
COLLEGE OF SOCIAL WORK

Psychademia 2022 – Pre-Conference Workshop Application
Psilocybin-Assisted Psychotherapy: Background, Current Research, and Basic Skills
August 11th and 12th, 2022
Presented by Alan K. Davis PhD, Diana Quinn ND, and Natalie Gukasyan MD

Course Description

Psychedelic substances produce cognitive effects ranging from psychologically challenging to spiritual, mystical, and insightful. Although several factors are related to the type of psychedelic experiences one might have (i.e., dose, purity of substance, substance used, individual/environmental factors), many report that these experiences are psychologically helpful. For example, cross-sectional surveys and laboratory experiments suggest that psilocybin can have psychotherapeutic benefit, with published reports documenting positive outcomes. Furthermore, evidence suggest that the acute psilocybin experience is associated with positive clinical outcomes and with persisting changes in attitude, mood, personality, beliefs, and behavior among clinical samples with depression, PTSD, addiction, and anxiety. Furthermore, clinical discussion of these experiences has been found to be a key part of gaining maximum benefits. Therefore, this workshop aims to briefly review the empirical literature supporting the study of psilocybin-assisted psychotherapy, provide a basic framework of the possible acute effects occasioned by psilocybin, and assist attendees in developing a foundational set of skills which can be used to respond to and explore such experiences when clients bring up such content in psychotherapy. Case examples will be used to illustrate content from the didactic portions of the training, and role-play exercise will elucidate practical applications of relevant skills.

Topics Covered

- *Brief history of psychedelics*
- *Similarities across psychedelic experiences*
- *Acute psilocybin effects*
- *Outcomes of psilocybin-therapy clinical trials*
- *Setting/Contextual Factors*
- *Different approaches regarding therapist role during drug administration session*
- *Basics of psychedelic preparation, dosing, and integration*

Learning Objectives

At the end of this program the learner will be able to:

- *Describe the evidence supporting psilocybin-assisted psychotherapy and understand the range of acute subjective experiences one might have during a psilocybin session.*
- *Identify the types of challenges and benefits people may have following psychedelic experiences and ways in which they may need support from professionals in understanding their experience and in integrating such experiences into their daily lives.*
- *Apply a foundational set of skills they can use to respond to and explore psychedelic experiences with a client.*

Instructional Methodology

- *Lecture*
- *Audio/Visual*
- *Case Presentation*
- *Interactive Exercises*

Costs/Application/Registration

Costs for the event:

- *\$500 for continuing education credits*
- *\$750 for continuing medical education credits*

This cost includes continental breakfast and lunch both days as well as all materials associated with the 2-day training.

Application/Registration:

- *Tickets are limited to 40 people. Interested participants will complete a brief application and submit to the training facilitators for review. If accepted, you will be notified with next steps in order to register for the workshop.*

Biographical & Contact Information

First Name:

Middle Initial:

Last Name:

Phone Number:

Email Address:

Race/Ethnicity:

Gender/Sexuality:

Pronouns:

Age:

Please tell us a little bit about yourself:

Why do you want to attend the Pre-Conference Workshop training?

Educational Information

Highest Degree Awarded:

Date Conferred:

From which school did you obtain this degree:

Professional Information

Current Position:

Institution/Organization:

Are you currently licensed in a clinical profession?

If so, please list your current licensure information:

Are you currently certified in a clinical profession?

If so, please list your current certification information:

Submission Statement

If your application is accepted, you are committing to attending the full 2-day Pre-Conference Workshop: Psilocybin-Assisted Psychotherapy: Background, Current Research, and Basic Skills on August 11th and 12th, 2022.

I Agree

Date

